



[Prior To Microblading | Shading]

Before

Microblading | Shading

The eyebrow area must be healthy, strong, non-sensitive and non-irritated. Here's how to get your skin ready for the procedure.

- Do not perform electrolysis one week before procedure
- Do not tan two weeks prior or have sunburned face
- Do not have any type of facial 2 weeks prior to treatment
- Do not work out the day of the procedure.
- Do not take Fish Oil or Vitamin E one week prior (natural blood thinners)
- Do not wax, tweeze or tint your eyebrows 3 days before the procedure.

In order to avoid excessive bleeding and poor color deposit:

- Do not drink alcohol 24 - 48 hours before your tattoo
- Do not consume caffeine before your procedure
- Do not take an aspirin or ibuprofen for pain relief (this thins the blood)

The following treatments are not recommended 30 days before the treatment:

- Botox and Fillers
- Fruit or Milk Acids
- Laser Treatments
- Chemical Peelings
- Exposure to strong sunlight

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