

[Eyebrow Aftercare]



Post Care

Your brows will lighten between 20-30%. Results varies and it is important to follow the aftercare and return for your touch up in 6-8 weeks.

Aftercare

Gently Blot the area with clean tissue if you see lymph fluid. Makes sure you do not let this dry on your brows because it will cause more scabbing. Removing this fluid prevents hardening of the lymph

Day 1-10 Until scabbing is done

- Do not get eyebrows wet
- Apply a thin ointment twice a day - morning and night (make sure its a thin paper coating, if u applied too much dab off the excess with tissue/gauze)
- Avoid sweating, workout, makeup on the brows, sun exposure during healing process

Day 4-10

- Do not pick, scratch or rub the scabs off. Let it naturally fall off.
- If u sleep on your brows make sure u put saran wrap on it.

Once brows are healed, apply a thin layer of SPF to protect and maintain the color.

Healing Process: **What to expect for the next 10 days?**

- **Day 1-2** | Brows will appear dark and may be tender/red
- **Day 3** | Brows will get darker and scabbing may start to form
- **Day 4-7** | Scabs will start to peel off and the eyebrows will appear flaky and patchy
- **Day 7-10** | Scabs falls off and colors will appear light

- **1-2 weeks later** | Color will return
- **6 weeks later** | Brows are healed and touch up is required.

Thereafter, annual color refresher is recommended to maintain the color.

Important note about showering:

Limit your showers to 5 minutes so you do not create too much steam. Keep your face/procedure out of the water while you wash your body, then, at the end of your shower, wash your hair. Your face should only be getting wet at the very last end of the shower. Avoid excessive rinsing and hot water on the treated area.

Important Reminders

- Use a fresh pillowcase
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks
- Avoid hot, sweaty exercise for one week
- Avoid direct sun exposure or tanning for 4 weeks after procedure.
- Wear a hat when outdoors.
- Avoid heavy sweating and long hot showers for the first 10 days.
- Avoid sleeping on your face for 10 days
- Avoid swimming, lakes, hot tubs for 10 days
- Avoid topical makeup including sunscreen on the area
- DO NOT rub, pick or scratch the area.

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